



MAKING THE GFF WORK BETTER FOR NUTRITION

Why we need GFF core & programmatic indicators to cover acute malnutrition

Undernutrition is the underlying cause of nearly half of the under-5 deaths in the world¹. While stunting is included in the GFF indicators, wasting is not, reflecting an inadequate understanding of nutrition². Wasting and particularly severe acute malnutrition (SAM) used to be seen of as a condition mostly encountered in emergency settings and thus tackled by humanitarian policies and practices³, while stunting was seen as a development issue⁴.

The evidence, however, clearly shows that wasting and stunting coexist in the same contexts, countries and children⁵. Countries like India, with high rates of stunting and wasting existing simultaneously – for instance in the case of India (wasting: 21%, stunting: 38%)⁶ or DRC (wasting: 8%; stunting: 21%)⁷. It is therefore urgent to make sure that wasting and particularly severe wasting (severe acute malnutrition) are integrated in the GFF core indicators.

We therefore propose the following two indicators:

Core Indicator

PREVALENCE OF WASTING

Programmatic Indicator

COVERAGE OF SAM TREATMENT

01/ARGUMENTS IN FAVOUR OF A CORE INDICATOR ON WASTING PREVALENCE

ADDRESSING WASTING WILL CONTRIBUTE TO REACHING THE SDG3 AND REDUCING CHILD MORTALITY

According to the WHO, “wasting indicates recent and severe weight loss, because a person has not had enough food to eat and/or they have had an infectious disease, such as diarrhoea, which has caused them to lose weight”⁸. 52 million children under-5 are wasted, and 17 million are severely wasted⁹. Wasting is thus a major health issue, with heightened risk of disease and death for children - wasted children are between 3 and 9 times more likely to die than healthy children. Efforts to improve rates of child survival will plateau without improvements in prevention efforts and an increase in the proportion of wasted children receiving appropriate life-saving treatment. Initiatives aiming to reduce child mortality, such as the GFF, also need to address wasting.

WASTING IS AN SDG TARGET AND INDICATOR AND FALLS WITHIN THE MANDATE OF THE GFF

The SDGs include a target on wasting and an indicator¹⁰:

- SDG 2.2: By 2030, end all forms of malnutrition, including achieving, by 2025, the internationally agreed targets on stunting and wasting in children under 5 years of age.
- Indicator 2.2.2 Prevalence of malnutrition (weight for height $>+2$ or <-2 standard deviation from the median of the WHO Child Growth Standards) among children under 5 years of age, by type (wasting and overweight)

Wasting is thus related to the GFF mandate, which is “financing for the Sustainable Development Goals (...) in a (...) way that closes the funding gap for reproductive, maternal, new-born, child and adolescent health and nutrition by 2030.”¹¹

WASTING IS AN INDICATOR OF THE GLOBAL STRATEGY AND THE 100 CORE HEALTH INDICATORS. It thus fits well with the other GFF indicators

WASTING IS AMONG THE WHO GLOBAL NUTRITION TARGETS

The global nutrition targets have been approved by WHO and Member states; they aim at improving maternal, infant and young child nutrition. The wasting target is: “Reduce and maintain childhood wasting to less than 5% by 2025”. The world is not on track to achieve this target in time, and this in turn will impact the realisation of other SDGs related to child health.



02/ARGUMENTS IN FAVOUR OF A PROGRAMMATIC INDICATOR ON THE COVERAGE OF SAM TREATMENT

SAM IS AN OVERLOOKED, LIFE-THREATENING CONDITION which is insufficiently prevented, and therefore requiring urgent treatment. It is, according to UNICEF, “a major cause of death in children under 5”¹². Children with SAM are known to have an increased risk of dying (between 5 and 20 times higher than well-nourished children)¹³. Today, we estimate that at least 17 million children suffer from this disease¹⁴.

LESS THAN 20% OF THE CHILDREN WHO SUFFER FROM SAM ACTUALLY RECEIVE THE TREATMENT THEY NEED¹⁵. Various reasons account for these low rates, including lack of political attention to malnutrition, lack of investment, poor integration of nutrition services along the continuum of care, weak health systems, stigma associated to the disease in some contexts, etc¹⁶.

THE TREATMENT FOR SAM IS COST-EFFECTIVE: estimates indicate that the treatment of SAM is both cost-effective^{17 18}, and comparable to the cost-effectiveness of other child survival interventions^{19 20}.

An indicator measuring progress on the rate of children suffering from SAM would contribute significantly to increase attention and action on a neglected health issue with such unacceptable and substantial consequences. Monitoring progress on SAM treatment will thus ensure that investment is cost-effective and truly encompasses the various causes of child mortality.



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